



# Gospel Light®

HOME DISCUSSION GUIDE  
for ages 2-5 years

WINTER A  
Lesson 6

## Safe with Jesus

*Great is our Lord and mighty in power.*

Psalm 147:5

When my preschooler is in the bathtub, I give her a small boat and tell her about the day Jesus' friends were in a storm and Jesus was asleep in the boat. We make small waves and blow bubbles in the water with straws. I tell her the people in the boat were afraid. They woke Jesus up and He told the storm to "Be still" and the water calmed. I tell her I am sometimes afraid. I ask Jesus to help me. I ask her what makes her afraid. I say, **Jesus is mighty in power and can help when we're afraid.**

### Try This:

I spray shaving cream on the bathtub wall and my preschooler draws pictures. I might ask him to draw a wavy sea. We say Jesus' words: "Be still." My preschooler "erases" the waves and the sea is calm.